

Mexický Stroganoff

Kategorie: Hovězí maso

Hodnocení: nezadáno

Počet porcí:

Náročnost:

Autor: Jílek

Suroviny

2 pound round steak
1 cup finely chopped onion
2 tsp minced garlic (2 cloves)
2 tbsp vegetable oil
0,33 cup red wine vinegar
1,75 cups water
0,5 cup chili sauce (or same amount ketchup and 1 extra tbsp chili powder)
1 tbsp chili powder
2 tsp seasoned salt
1 tsp soy sauce
1 8-oz can mushroom stems and pieces, drained (I prefer fresh)
1 8-oz carton sour cream or low fat yogurt
3 tbsp flour
1- 12 oz package wide egg noodles

Postup

1. Cut steak into bite size pieces.